



BODYBUILDING JUDGES' COURSE

Judging gives a great understanding of the sport of bodybuilding and offers a great way to be involved in this unique sport without getting on the stage.

Judges are required to attain an 85% accuracy rate as a regional judge and 90% as a national judge. We set a high standard for our judges to maintain accuracy, credibility and professionalism.

A NABBA Judges' Course will be held in New Plymouth on Saturday 10th of March, 9am to 11am, just prior to the Taranaki Bodybuilding Championships. Following the course participants will do their first trial judge at the Taranaki Show.

ATTENTION PERSONAL TRAINERS:

A course for Personal Trainers will be held simultaneously. Do you have clients who are preparing for a bodybuilding contest and want to know what's required? Find out what the bodybuilding judges are looking for in a winning physique or figure competitor. This is the first time NABBA has run such a course in New Zealand.

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