

NABBA Wellington

Putting Athletes First!



The word NABBA and the NABBA Logo are trade marks of NABBA New Zealand.

November 2010

This month we look at:

- Nationals
- North Harbour
- Upcoming shows
- Local posing practice
- Wellington Athletes Congrats



Nationals

Congratulations to the over 140 athletes that competed at the NABBA Nationals on 2 October in the North Shore.

Overall winners were:

- Ms. New Zealand Shape - Fabiany Vecchionacce
- Ms. New Zealand Fitness-Model - Maeve Neilson
- Ms. New Zealand Physique - Helen Aloiai
- Mr. New Zealand Athletic - Rick Ujfalussy
- Ms. New Zealand Figure - Jody Walford
- Mr. New Zealand Physique - Bruce Alecock

Special mention from me to all the Wellington Athletes who traveled up to compete, including:

- Ross Gray - Second Masters 40+
- Steve Quinn - First Masters 50+
- Terry Hills - Fourth Masters 50+
- Adam Parker - First Junior Men
- Phil Wysocki - Fourth Masters Athletic
- Pam Inglis - Fourth Novice Figure Short
- Margot Smith - Second Novice Physique
- Carolyn Mailo - Second Senior Physique 35+
- Bruce Alecock - First Open Physique Tall and Overall Physique
- Kevin Garner - Third Novice Physique Short

Please note, NABBA's calendar is set in December every year.



Photos Thanks to Keith at Muscle Imaging

www.muscleimaging.com

North Harbour Results

Congrats to all the athletes that competed in the North Harbour Champs on 16 October 2010 – the first qualifier for the 2011 year.

Well done to all – and thanks Keith “the Camera Man” Jolly for the snaps.

Overall Winners:

- Ms. North Harbour Physique - Wendy Sole
- Mr. North Harbour Athletic - Craig Smith
- Ms. North Harbour Figure - Janine Haywood
- Mr. North Harbour Physique - Mateo Vaihu



Upcoming Shows: Universe, Germany

There are a group of athletes off to represent NZ at the NAC Universe in Hamburg, Germany on 27 November 2010:

The Team is to be announced first week of November and all details will be list on our website.

Check it out:

www.nabba.co.nz

Local posing practice

We will kick off again May 2011. Come along and learn how to show your hard earned muscle in its best form!

Contact us

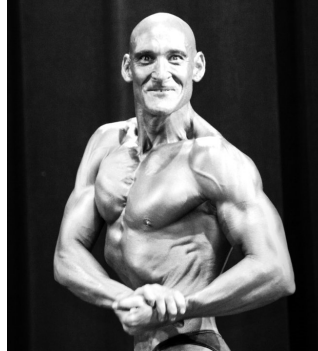
The Wellington NABBA Executive welcomes any active members that are passionate about the sport. Please feel free to contact Maeve if you would like to be involved or are interested in becoming a judge.

Maeve Neilson

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This last shot sums up the year... "phewwwww". Well done to all athletes who competed in 2010. Thanks again to sponsors, supporters and helpers – without you we can't succeed! See you in 2011.....