



# NABBA<sup>®</sup> 2024



Current as at December 2023

**LOWER NORTH ISLAND**  
 May 4  
 Palmerston North  
*World/Southern Hemisphere Qualifier*

**NAC WORLD CHAMPIONSHIPS**  
 June 1  
 Frigiliana, Spain

**NABBA International SOUTHERN HEMISPHERE**  
 June 2  
 Sydney, Australia

**EAST COAST**  
 July 6 **TBC**  
 Gisborne

**CHRISTCHURCH CLASSIC**  
 July 20 **TBC**  
 Christchurch

**TARANAKI**  
 August 3  
 New Plymouth

**AUCKLAND**  
 August 24  
 Papakura, Auckland

**OTAGO**  
 September 14  
 Dunedin

**BAY OF PLENTY/WAIKATO**  
 September 28  
 Tauranga

**NZ NATIONALS**  
 October 26-27  
**INVERCARGILL**  
*Universe Qualifier*

**NAC UNIVERSE CHAMPIONSHIPS**  
 November  
 Germany

**2023 New Zealand National Champions:** Ms. NZ Physique - Lisa Bailey-Smith / Mr. NZ Physique - Regan Dixon / Mr. NZ Body-Board Shorts - Bala Venkatesan / Ms. NZ Shape - Jessica Brash / Ms. NZ Figure - Janine O'Keefe / Ms. NZ Classic Women - Brooke Andrews / Mr. NZ Athletic - Bill McNeilly