

2023 Category Updates/Changes

TEENAGE MEN

From 2023, Teenage Men will wear traditional posing trunks, the same as those worn by Physique and Athletic Men. The boy leg/fitted shorts style trunks, will no longer be acceptable.

CLASSIC WOMEN

For Classic Women Athletes the Posing Bikini should be one colour. The bikini should be of simple 'classic' presentation, that is no 'bling' or extra adornment on the bikini

MR BODY BOARD SHORTS

We now have a Mr. Body Board Shorts 30+ Class.

Rule 17.1.8: 30 years and over on the day of competition

MS FITNESS

The Ms. Fitness Class will be trialled at two events in 2023: Southern Regions—12th August and Auckland Regional—9th September.

2023 NZ NATIONAL CHAMPIONSHIPS

Reminder to all athletes, that you do need to Qualify to compete at the NZ National Championships. You must place in the top three at a 2023 Regional Event.