

TANNING INFO AND TIPS:

Waxing & shaving before your competition tan

Waxing or shaving should be undertaken before your spray tan to ensure skin is not inflamed and pores are closed.

Male Competitors:

Waxing: 72 hours prior to your tan

Shaving: 48 hours prior to your tan

Female Competitors:

Waxing: 24 – 48 hours prior to your tan

Shaving: 12 – 24 hours prior to your tan

Exfoliate your skin the day before

Exfoliating is an important step in the preparation process. It is recommended you get into the practice of exfoliating your skin once a week leading up to the competition.

Exfoliation removes the dead skin cells and rejuvenates the skin. This is a vital step in the preparation process.

Exfoliate using a Black Magic Tan Xfoliating Mitt to achieve the best possible preparation. It is important you pay particular attention to dry areas such as knees, elbows and heels.

Do not use any oil based scrubs as these will negatively impact on your competition tan.

Your first tanning appointment

Shower to ensure your skin is FREE of ANY product, such as: make—up, deodorant, lotions, moisturisers, perfumes or sprays. These products can create a barrier against the tan developing properly, pat skin dry.

It is also recommended that you wash your hair at this time do not use products that contain sodium lauryl sulfates (SLS) as it can leave residue on the skin and negatively impact on your tan.

Use a clear nail polish to seal fingernails and toenails this ensures no discolouration occurs.

Bring along to your tanning session loose, dark clothing to wear after you receive your spray tan. Tight clothes can rub against your tan, leading to inferior results.

On hot days it is recommended you bring a towel for the seat of your car to prevent any bronzer from rubbing onto your car's seats in high temperatures, Black Magic's spray tanning solution is machine washable.

Competition Tan

DAY 1 APPLICATION

Your tanning technician will apply Muscle Tan, Physique Tan, Bikini Tan or Base Tan depending on the level of darkness required.

Tan lock is applied over your competition tan to lock in colour, resist moisture and avoid any smudging of your tan during development time.

*On rare occasions when Muscle Tan is applied it may through a red tone due to your clients ph level. Bikini Tan or Base Tan can be used in this circumstance.

* A base coat can be applied 1 day prior to your competition tan. The tanning technician will choose from one of the many tans in the Black Magic collection.

During your comp tan's development time

Please ensure you follow any recommendations given by your tanning technician.

Avoid water, heat, exercise and any tasks that may cause your body to overheat and perspire. If you need to wash your hands try to use a sanitising hand wash versus water.

Avoid exposing yourself to different temperatures as this too will cause you to perspire particularly on very hot days.

Competition Day

DAY 2 APPLICATION

On Day 2 of your competition tanning process you have two options depending on your category and personal schedule.

DAY TWO OPTION 1:

The next morning do not rinse your base tan. Apply additional coats, dry well between coats then apply Black Magic Tan Lock.

DAY TWO OPTION 2:

The next morning you can lightly rinse your body under a tepid shower for 30 seconds, and pat dry. You are now ready for additional coats to be added. Dry well between coats then apply Black Magic Tan Lock.

Competition Day

Bikini Category:

Normally a Bikini competitor will have 1-2 coats of competition tan applied depending on the level of darkness desired or required by different federations. Always check with your coach so you can inform your tanning technician.

All Other Categories:

Additional coats of Physique Tan or Muscle Tan are added drying well in between until the desired depth of darkness is achieved. Competition Tan will get darker throughout the day.

Face:

The face is never tanned as dark as the rest of the body and should retain a normal tanned appearance in—line with judging criteria.

Important notes

Your Black Magic Muscle, Physique or Bikini Tan requires no other product to be stage ready.

If shine is required apply Muscle Glaze to the required areas and pat onto skin.

Do not exercise, swim, take a shower, shampoo your hair, enter a sauna or immerse yourself in a pool until after the competition is over.

SPRAY TANNER

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Tanning page link: <https://www.facebook.com/beachbumsmst/>