



SOUTHLAND / OTAGO

BODYBUILDING CHAMPIONSHIPS 2023

AUGUST 12TH 2023

**INVERCARGILL
JAMES HARGEST COLLEGE**

ATHLETES

Enter online: www.nabba.co.nz

Entries close: 28 July 2023

Full event info can be found on the Southland Events page

TIMES & PRICES

Judging rounds: 12 noon

Adults \$15

Secondary \$10

Primary & Intermediate \$5

Under 5 yrs FREE

Finals: 5pm

Adults \$25

Secondary \$15

Primary & Intermediate \$10

Under 5yrs FREE

TICKETS

DOOR SALES ONLY - Cash, Eftpos, Paywave

FOR MORE INFO CONTACT

Judy Duggan - 027 616 2040 or email jptrainer2001@hotmail.com

PICTURED 2022 WINNERS; LEFT: MS SHAPE - JESSICA BRASH, RIGHT: MR ATHLETIC - JAMIE MCMAHON, BOTTOM: LENNY SMITH - MR BODY BOARDSHORTS



WWW.NABBA.CO.NZ

NABBA SOUTHERN REGIONS BODYBUILDING
NABBA NEW ZEALAND INC



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Set your goal and get on track for our show this year!